# **HIGH HOLY DAYS SCHEDULE**

#### **ROSH HASHANAH**

### **MONDAY, SEPTEMBER 22**

### **Erev Rosh Hashanah Services**

6:30 PM | 92NY & Online

## **TUESDAY, SEPTEMBER 23**

## **Rosh Hashanah Day 1 Service**

8:30 AM | 92NY & Online

## **Youth Services (ages 7+)**

9:30 AM | 92NY

## Family Services (ages 0-7)

9:30 AM | 92NY

## **WEDNESDAY, SEPTEMBER 24**

# **Rosh Hashanah Day 2 Service**

8:30 AM | 92NY & Online

#### **Tashlich & Kiddush**

5 PM | Riverside Park

Enter at 96th St. and walk north to about 101st St., crossing under the highway and out to the Hudson

#### YOM KIPPUR

## **WEDNESDAY, OCTOBER 1**

#### **Kol Nidre**

6 PM | 92NY & Online

### **THURSDAY, OCTOBER 2**

### **Yom Kippur Morning Service**

8:30 AM | 92NY & Online

#### Youth Services (ages 7+)

9:30 AM | 92NY

### Family Services (ages 0-7)

9:30 AM | 92NY

#### **Breakout Sessions**

During Break Between Services ~3 PM

#### Mincha/Neila

5 PM | 92NY & Online



# YOM KIPPUR BREAKOUT SESSIONS



# **MEDITATION WITH REV. LAUREN AHAVA JACOBS**

Join Rev. Lauren Ahava Jacobs for a Mindfulness Meditation as we prepare for the "closing of the gates" this Yom Kippur. All are welcome - No previous meditation experience necessary and your presence is all that is needed.

# **RECOVERY DISCUSSION THE JEWISH WAY**

Please join Judy Gray for a Jewish take on the 12 Step approach to recovery. No previous experience with the 12 step program is necessary. All are welcome.